**Attention:** Patients and Support Persons Coping with Parkinson's Disease

Individuals who have completed a clinical evaluation at the VCU Parkinson's and Movement Disorders Center (PMDC) and have received a PD diagnosis and their support persons are invited to participate in a study at the PMDC. This study will investigate the benefits of two interventions on quality of life, thinking skills, and psychological functioning.

Participants will complete two-months of once weekly, one hour long intervention sessions at the PMDC. You will either receive two months of memory and problem-solving techniques or two months of supportive therapy.

All patient participants will complete brief evaluation of their thinking skills, questionnaires about quality of life, and disease symptoms before, shortly after, and 6 months after the intervention. Each of these sessions will take about 3 hours. Patient participants will be paid for their time.

All support person participants will complete questionnaires about quality of life before, shortly after, and 6 months after the intervention that will take about 15 minutes to complete each time.

These types of interventions have led to positive changes for other chronically ill patients, including better memory and problem-solving skills, reduced depression and anxiety, fewer physical symptoms, and increased satisfaction with life.

Please contact the PMDC for more information and/or to sign up.
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**APPROVED**